Our Islands are yours to explore.
# Table of contents

- CEO's Message 2
- American Samoa 4
- Cooks Islands 6
- Federated States of Micronesia 8
- Fiji 10
- French Polynesia 12
- Kiribati 14
- Marshall Islands 16
- Nauru 18
- New Caledonia 20
- Niue 22
- Papua New Guinea 24
- Samoa 26
- Solomons Islands 28
- Tonga 30
- Tuvalu 32
- Vanuatu 34
Pacific Greetings to our readers!

I am pleased to welcome you to our beautiful part of the world, to be part of an amazing journey promoting the South Pacific Islands! This is an excellent time to be part of the Pacific’s tourism and travel industry and I am honored to work alongside a great team of South Pacific Specialists across the world!
Tourism continues to be a major contributor to the economic growth of Pacific Island destinations and source of employment and livelihood for many of our local communities. It is not only the backbone of many island economies but has become a significant part of Pacific Islanders who are dependent on tourism earnings for their everyday life.

I am excited about SPTO’s extended network through our South Pacific Specialists and the prospects of increased visitor numbers from our source markets as we actively promote the South Pacific together. SPTO’s new global branding showcases the Pacific to the world in an intimate, personal message, inviting visitors to share in what is ours! For “Ours is Yours!”

What excites me the most is that through the South Pacific Specialist Program, we are all part of something that is ripe with opportunity. It is an opportunity to unite us, as tourism promotion practitioners, with a common vision and purpose. It is also an opportunity to showcase the Pacific region as a new and improved tourism product, like never been seen before.

It is not just about our diverse natural beauty, though we certainly have some of the most special and unique places on earth. It is not just about the exquisite cuisine and our fresh produce although we certainly have much to offer. It’s about the Pacific – every island, every beach, place and person intertwined and interconnected to provide a unique and unforgettable singular Pacific experience.

As South Pacific Specialists, you are critical to the success and growth of our Pacific tourism industry and it will take a shared vision, commitment, and partnership to succeed. I congratulate you for choosing to embark on this exciting journey as we strive to extend our global reach.

I hope you will find the South Pacific Specialist Programme rewarding and fulfilling, and that in turn, you will also congratulate yourself for choosing to help and support the many communities across the Pacific that depend on the tourism industry for their livelihood. After all, “Ours is Yours!”

My best wishes as you begin your South Pacific Specialist journey!

CHRISTOPHER COCKER
Chief Executive Officer
American Samoa

You have searched the world for a vacation spot that is undiscovered and off the beaten track and you will find it in American Samoa. For here is a holiday destination like no other in the Pacific.

American Samoa is a tropical paradise with 90% of our islands covered in untouched tropical rainforest and unique flora and fauna. Located in the Pacific Ocean, we are half way between Hawaii and New Zealand and five hours flying time direct from Honolulu, Hawaii and 35 minutes by air from Apia, Samoa.

On April 17, 1900 the high chiefs of the eastern islands of Samoa and the US signed the ‘Deed of Cession’ where American Samoa became a Territory of the United States.

American Samoa is made up of five volcanic islands - Tutuila, Aunu’u, Ofu, Olosega and Ta’ - with rugged mountainous peaks and two coral atolls – Rose and Swains Islands with a total land area of 76 square miles. Including our marine waters and 200 mile exclusive economic zone, the Territory’s total area is 117,500 square miles, about the size of the State of Oregon or New Zealand. From hiking tropical rainforests, to swimming, snorkeling, diving or fishing our surrounding ocean waters, American Samoa is an eco tourism haven for visitors wanting an undiscovered holiday paradise.

CLIMATE: American Samoa has a tropical climate all year round with two distinct seasons, the wet and dry season. The wet season is usually between November and March and the dry season from April through to October with the average daily temperature around 82˚ - 83˚ Fahrenheit all year round.

ACCOMMODATION: American Samoa offers a range of accommodation for all travelers to suit both budget and lifestyle. From a beach front fale to boutique lodges, apartments or a hotel suite, all of our accommodation properties are 100 percent local owned and operated.

ENTRY REQUIREMENTS: All visitors to American Samoa require a valid passport, return ticket or onward ticket and sufficient funds to support your stay. US Citizens and US Nationals do not require a visa and may enter and leave freely. Australian, New Zealand and citizens of the United Kingdom and Canada upon entering American Samoa are issued with a 30 day permit under the US Visa Waiver Program.
The following countries do not need an entry permit to enter American Samoa: Andorra, Australia, Austria, Belgium, Brunei, Canada, Denmark, Finland, France, Germany, Iceland, Ireland, Italy, Japan, Liechtenstein, Luxembourg, Marshall Islands, Micronesia (FSM) Monaco, Netherlands, New Zealand, Norway, Palau, Portugal, San Marino, Singapore, Slovenia, Spain, Sweden, Switzerland and the United Kingdom.

All other international passport holders intending to visit American Samoa for business or holiday are required to apply for an entry visa. For further information contact the Attorney General’s Office, phone (1 684) 633-4163

CURRENCY: The United States Dollar is the currency of American Samoa. Major foreign currencies can be exchanged at the local banks and money exchanges.

LANGUAGE: Samoan and English are spoken by over 95 percent of the population with English being the main business language.

TIME ZONE: American Samoa time is 11 hours behind Greenwich Mean Time (GMT - 11)

ELECTRICITY: 110 volts using American power points

CONTACT:
AMERICAN SAMOA VISITORS BUREAU
Level 2, Fagaima Center One, Corner Airport & Fagaima Roads, Tafuna, American Samoa
PO Box 4240, Pago Pago AS 96799, American Samoa
T: 1-684-699-9805
F: 1-684-699-9806
E: info@americansamoa.travel
W: www.americansamoa.travel
**Cook Islands**

**CLIMATE:** The Cook Islands enjoy a pleasantly warm and sunny climate all year round. June to August are the cooler months, whilst November to March marks the warmer season, with occasional tropical showers.

**ACCOMMODATION:** A wide range of accommodation styles are available to suit all our visitors from 5 star to island style hotels, resorts, motels and hostels.

**AIRLINES:**
- **International:** Air New Zealand, Virgin Australia, Air Tahiti
- **Domestic:** Air Rarotonga

**ENTRY REQUIREMENTS:** When you come to the Cook Islands, a valid passport and a return ticket will allow you a stay of up to 31 days. Extensions may be granted on a monthly basis – for up to five months. New Zealand citizens automatically qualify for a 90 day stay. For extensions, apply 2 weeks before your permit expires.

Sailors wanting to berth their yachts in the docks of Avatiu Harbour need to obtain moorings from the Harbourmaster at the Ports Authority, PO Box 84, Rarotonga, Cook Islands.

**HEALTH REGULATION:** Cook Islands are free from most tropical diseases including malaria.

**CURRENCY:** NZ dollar with major credit cards accepted.

In our Islands’ we say Kia Orana. It’s our greeting; hello, but it also expresses a wish that you may live a long and healthy life. It’s a sentiment easily understood in our beautiful Cook Islands, for ours is a nation of warmth and relaxation. Life here is good, delicious food is plentiful and we’re surrounded by unparalleled beauty. We can’t wait for you to join us so that we may say Kia Orana in person.

We are made up of 15 islands in total, many of which appear completely untouched, and yet we offer a range of accommodation that can appeal to backpackers right through to the luxurious standards expected by five star travellers. Rich in experiences but inexpensive in cost, we can’t wait to welcome you, to share with you, to discover with you and to wish you Kia Orana!
TRANSPORT: Buses, taxis, rental cars and rental bikes are easily available on the island. The standard left hand rule applies to driving in the Cook Islands. And the maximum speed limit in the villages and town is 40km/h with 50km/h in the less populated areas. It is essential to have a current Drivers Licence. Visitors from Australia, New Zealand, US, Canada, UK and the EU can now drive in the Cook Islands for up to six months using their overseas license. Visitors will be allowed to drive only the class of motor vehicle they are entitled to drive in their home country.

However, if a visitor wants to ride a scooter or motorbike in the Cook Islands and is not licensed to do so at home, he or she will still have to obtain a Cook Islands Driving License (either Class A covering motorbikes/scooters or Class AB covering both regular vehicles and motorbikes/scooters). This involves a practical test at the Police Headquarters in Avarua and the payment of NZ$20 license fee plus NZ$5 practical fee. Road rules are strict when it comes to drinking and driving, so best not to.

LANGUAGE: Cook Islands Maori and English.
Federated States of Micronesia

The 607-island nation that is the Federated States of Micronesia is one of the most remote and beautiful places on earth. Friendly and peaceful, it encompasses nearly a million square miles of ocean north of the equator that is home to a cultural and biological diversity that is unrivaled anywhere.

The Federated States of Micronesia sits in the heart of the Caroline Islands Archipelago, a vast seascape that extends from Palau in the west to Kiribati in the east. Situated within a rich center of biodiversity at the convergence of the major currents of the Indian Ocean, the Philippine Sea and the great Pacific Ocean, it is home to the world's greatest coral reefs and the best pelagic fisheries remaining in the world today.

The FSM is made up of four groups of island States in geographic sequence from west to east: Yap, Chuuk, Pohnpei and Kosrae. Each has considerable autonomy and each is equally unique with its own geography, ecology, language and culture. This cultural identity is exhibited by the 17 indigenous languages used and very much alive today.

CLIMATE: The FSM enjoys a tropical climate, with relatively even, warm temperatures throughout the year.

The climate in the FSM averages 80° F year round, with highs in the high 80s and lows in the high 70s. Rainfall is heaviest during the summer months. The rainfall on each island varies, however, so check with the local visitor authority for anticipated dry and wet seasons. Trade winds come mainly from the northeast from December through June. Light tropical clothing is the norm year 'round in the FSM.

Pohnpei reputedly is one of the wettest places on Earth, with some locations on the interior of the island receiving up to 330 inches of rain per year. The trade wind season generally occurs from December to March.

ACCOMMODATION: Each island is unique and with its own accommodation providers from eco lodges to the resorts. All the four islands have accommodation for visitors and holiday travellers.

ENTRY REQUIREMENTS: All visitors arriving in the FSM must have and present proof of citizenship or nationality by possessing a valid passport or other travel document issued by the government of the country of citizenship or nationality. The document must be valid for at least 120 days beyond the date of entry into the FSM.
All other noncitizens may be issued an entry permit for an additional period not to exceed 60 days. All non-citizens, other than visitors must have their entry permits applied for prior to arrival in the FSM.

**CURRENCY:** U.S Dollar (US$)

**LANGUAGE:** English is the official language of the government and of commerce. Eight major indigenous languages spoken: Yapese, Ulithian, Woleaisans, Chuukese, Pohnpeians, Kosraeans, Nukuoro, Kapingamarangi. Many elderly people are fluent in Japanese.

**TIME ZONE:**
YAP and CHUUK time zone is: UTC+10.00
KOSRAE and POHNPEI time zone is: UTC+11.00

**ELECTRICITY:** Standard 110 volt and US type outlets are used

**CONTACT:**
FSM NATIONAL TOURISM OFFICE
Kaselehlie Building
Tourism Unit
PO Box PS 12
Palikir, Pohnpei FM 96941
Federated States of Micronesia

T: + (691) 320 5133
F: + (691) 320 5854
E: fsmtourism@gmail.com
W: www.visit-micronesia.fm
Fiji

Often referred to as the ‘Crossroads of the South Pacific’ because of its geographical location, the Fiji Islands is a hospitable land of contrasts in people, flora, fauna and culture.

It is home to people who have been called the friendliest on earth. Fiji consists of 333 mountainous islands of volcanic origin scattered over the Pacific Ocean. It is a cosmopolitan cocktail of culture, race and religion. It is a place where ‘bula’, the traditional Fijian greeting, is a very special word and you can relax without a care in the world.

Fiji Islands has a population of close to 838,271 and a land mass of 18,333 square km taken up mostly by the two major islands of Viti Levu and Vanua Levu.

CLIMATE: Tropical, warm, and pleasant all year round with a two-season climate. Summer temperatures (November - April) averages from 22 to 33 degrees Celsius and winter (May - October) averages from 19 to 29 degrees Celsius.

ACCOMMODATION: A wide range of accommodation from luxury boutique resorts, 5 star hotels, mid-range to affordable backpackers is available...to suit every budget and taste.

AIRLINES: International: Easily accessible from most parts of the world; Fiji Airways has regular flights from Auckland, Christchurch, Brisbane, Melbourne, Sydney, Honolulu, Los Angeles, and Hong Kong. Air New Zealand, Jetstar Airways, Air Calin, Solomon Islands, Pacific Blue/Virgin Australia, Air Vanuatu, Nauru Airlines, Air Niugini and Korean Airlines.

Domestic: Fiji Link, Northern Air and regular shipping services provides domestic transportation throughout Fiji. Chartered flights, helicopters, speed boats and cruises are also available.
ENTRY REQUIREMENTS: Current passport valid up to 6 months beyond expected stay. Pre-arrival visas are required for Nationals of only a few countries. For information on visas to the Fiji Islands please visit Fiji Immigration website – www.immigration.gov.fj

HEALTH REQUIREMENTS: Fiji is free from most tropical diseases including Malaria.

CURRENCY: Fiji dollar $ (FJD)

TRANSPORT: Buses, Deluxe coaches, taxis, chauffeur driven cars, rental cars, scooters, vans, carriers and bicycles on hire. For taxis, carriers and multi-passenger vans, it is best to negotiate your price prior to long distance journeys.

Overseas driving licenses are valid for 6 months. Chartered flights, helicopters, speed boats and cruises are also available.

LANGUAGE: English is our official language. Fijian and Hindustani are widely spoken.
French Polynesia

The islands of Tahiti, a paradise hidden away in the heart of the Pacific.

In the middle of the South Pacific, the islands of Tahiti make up the largest marine territory in the world, covering an area of 5.5 million square kilometres. “Ia Ora na”, “Maeva” and “Manava”, three words of welcome: this is how the Polynesians greet their visitors. With its turquoise lagoons, its islands surrounded by sparkling white-sand beached, its magical atmosphere, Tahiti and the surrounding islands attract many couples looking for a romantic holiday.

Beyond the mythical white sandy beaches, the islands of Tahiti have many rich resources: well-preserved flora and fauna with many endemic species, an incredible variety of landscapes. Diving is another “must”: according to divers, there is no better place in the world to see such a wide variety of sea beds, whether you dive in the lagoons, around the mountain islands, the lower lying islands or around the atolls.

CLIMATE: The French Polynesian islands enjoy a tropical climate; the maximum number of hours of sunshine is close to 3000 per year in the Tuamotu Atolls, one of the highest in the world! The temperature, which relatively constant, is cooled by the trade winds of the Pacific that blow throughout the year. The average ambient temperature is 26° C, just as the waters of the lagoons. While further away from the equator, the archipelagos down south, (the Austral and Gambier), enjoy cooler temperatures.

ACCOMMODATION: Family hotels are available in the main islands of French Polynesia and international hotels only in some of them.

HEALTH: No vaccines are required except for passengers from high-risk countries (this information can be obtained from your airline). On the island of Tahiti, sanitary facilities and health services are available. The cities of Papeete, Taravao (peninsula of Tahiti) and Uturoa (Raiatea) have fully equipped hospitals. Other tourist islands at least possess a hospital or a clinic.

ENTRY REQUIREMENTS: Any foreign visitor coming to French Polynesia is required to have a visa according to the following conditions: **In all cases, visitors must hold a valid passport.**

Prior to their arrival in French Polynesia, applicants must contact the Prefecture of their place of residence (if in France) or the nearest embassy or consulate of their place of residence. Any visa requirements falls within the competence of these authorities. Please check the relevant websites to ask for an appointment and obtain the list of required documents to attach to your long stay visa request in French Polynesia.
For any additional information in relation to foreigners’ entry and stay in French Polynesia, please contact the “Direction de la Règlementation et du Contrôle de la Légalité (DRCL)” by email: etrangers@polynesie-francaise.pref.gouv.fr

**LANGUAGE:** While the official language is French, the indigenous languages, such as Tahitian, are still widely practiced in each archipelago. English is also widely spoken, particularly in tourist areas.

**CURRENCY:** The French Pacific franc (XPF) is the currency of The Islands of Tahiti with major credit cards accepted.

**TRANSPORT:** Buses, taxis, rental cars or scooters, boats, 4 x 4 safari, chartered flights, helicopters, speed boats and cruises are available.

**AIRLINES:** The international airline of The Islands of Tahiti is Air Tahiti Nui which offers direct flights from Auckland, Tokyo and Los Angeles as well as flights from Paris via Los Angeles. Other airlines flying to the Islands of Tahiti also include: Air Calin, Air France, Air New Zealand, Hawaiian Airlines, Lan Airlines and Air Tahiti (from Cook Islands).

**TAHITI TOURISME**

**CONTACT:**

TAHITI TOURISME
Fare Manihini
Waterfront Boulevard
Pomare, Papeete
Tahiti
T: (689) 40504030
F: (698) 40436619
E: info@tahiti-tourisme.pf
W: www.tahititourisme.com
Mauri & Welcome to the Kiribati Islands!

The 33 island nation of the Republic of Kiribati is one of the remotest destinations on earth situated at the heart of the Pacific where the Equator and International Date Line meet. Friendly and peaceful, Kiribati is a destination for travellers who have a passion for exploring and discovering an adventure off the tourist trail to a place where few travelers have been before and for those who want to understand a country - not just see it.

Straddling over 3 million sq.km of ocean, Kiribati offers 3 groups of islands to explore. In the East of the country we give you the Line Islands, offering you a world class fishing destination (game & fly-fishing), surfing and bird watcher’s paradise in the world’s largest coral atoll, Kiritimati Island. Great potentials for cruise tourism, live-aboard diving and surfing also lies on Fanning, and Millennium Island (formerly known as Caroline Is.) the uninhabited island that was the first to usher in the millennium in the year 2000 giving Kiribati a worldwide attention.

In the center of Kiribati, we have the World Heritage Site, the Phoenix Islands group known today as “Phoenix Islands Protected Area” (PIPA), the largest MPA in the Pacific Ocean and second largest MPA in the world offering potentially great diving explorations and experience of an untouched underwater haven. In the west we have the Gilbert Group of islands, offering you unique and amazing cultural experiences in North Tarawa and the outer islands. It is also home to the country’s capital, Tarawa historically known for one of the bloodiest battles of World War II, the “Battle of Tarawa.”

If you’re out to explore the world why not give Kiribati a try and be one of those few travellers to experience Kiribati. If you are visiting as part of your work, we would encourage you to explore Kiribati to experience these delights - South Tarawa should not be the only island you visit when you have 33 to choose from, even the nearby North Tarawa offers a very different perspective!

CLIMATE: Temperature varies between 25°C and 33°C, and we have annual sunshine of 4135 hours. The wet season extends from December to May and rainfall variation is high in most of the islands. The tropical climate and hot temperature encourage cool, cotton, loosely outfits for men and women.

ACCOMMODATION: Ranges from comfortable hotels, motels, lodges, private island getaways and village guesthouses. For more information please refer to our accommodation section on our website: http://www.kiribatitourism.gov.ki/index.php/accommodation-55

AIRLINES: Two international airlines provide weekly air services to Kiribati: Fiji Airways and Nauru Airlines. Fiji Airways provides air services twice per week from Nadi (Fiji) to Tarawa. It also connects Christmas Island once a week from Nadi and Honolulu. Fiji Airways codes shares with Qantas and Cathay Pacific with connection available from Australia, New Zealand, United States and now from Europe through Hong Kong. Nauru Airlines connects Tarawa out of Brisbane and Nauru once per week and also once per week out of Pohnpei, Kosrae and Majuro to Tarawa.

ENTRY REQUIREMENTS: Most citizens of major countries such as USA, United Kingdom, EU countries, Japan, Australia and New Zealand do not need a VISA to travel to Kiribati. But if you do need a VISA you can always contact the Kiribati
Immigration Division (Ministry of Foreign Affairs & Immigration) to assist you in your VISA needs.
T:  (686) 21342
E:  ddi@mfa.gov.ki (Deputy Director)
E:  sio@mfa.gov.ki  (Senior Immigration Officer)

HEALTH: Main hospitals are located in Tarawa, Tabiteuea North and Kiritimati Is. Pharmaceuticals are limited in the country and visitors are advised to bring with them their medications which they may require during their stay.

CURRENCY: Australian Dollar (AU$)

TRANSPORT: Once you arrive in Kiribati, you will need to find a way of getting yourself around. Here are the options:

Bus services in Kiribati: There are no taxis in Kiribati - but in Tarawa and Kiritimati (Christmas Island) there are small fleets of privately owned buses, for which it is rare to wait more than 3 minutes for. Just flag one down anywhere! In Tarawa the bus fares are between $0.70 and $2.00; and in Kiritimati between $0.80 and $5.00. The bus can be stopped anywhere by saying, “Taiaoka I-kai” meaning “stop here, please”.

Car rental: On South Tarawa and Kiritimati rental vehicles can be arranged directly with accommodation operators prior to arrival or on arrival. Transportation on Outer Gilbert Islands: On the outer Gilbert Islands there are no bus services - however it is possible to hire bicycles, motorbikes or small trucks for any transport requirements you have. Transport hire arrangements can be made with the Island Council offices and private operators.

Inbound Tour Operator: Kiribati Holidays a company of Tobaraoi Travel is a true Kiribati travel specialist, organising accommodation, tours, fishing, cultural activities throughout the Micronesian island nation of Kiribati. For more information visit their website: http://www.kiribatiholidays.com/

LANGUAGE: The main language is I-Kiribati - however English has been taught over many years is widely understood; you will have no problem accessing services, getting by or just having a chat. To see our language & culture page please refer to link provided if you would like to learn some I-Kiribati words before arriving. For more on language and culture please refer to our web link: http://kiribatitourism.gov.ki/index.php/practicalinformation/languageculture

MINISTRY OF COMMUNICATION, TRANSPORT AND TOURISM DEVELOPMENT
PO Box 487, Betio, Tarawa, Kiribati
T:  (686) 25573 (hotline) / 26003 (Switchboard)
F :  (686) 26193
E  info@kiribatitourism.gov.ki
W:  www.kiribatitourism.gov.ki
Marshall Islands

The Republic of the Marshall Islands covers nearly a million square miles of coral atolls, islands and deep Blue Ocean and is one of the most unique places in the world to visit. As the capital atoll of the Republic of the Marshall Islands, Majuro houses the central government, most of the country’s businesses, and an estimated 50% of the country’s population. Indeed, this is the country’s most developed and urban atoll.

Nonetheless, Majuro still offers visitors a glimpse of what the rest of the country is like. While you are here, we encourage you to take a little time to really see the Marshall Islands. Do a bit of exploring—take a drive out to Laura Village (on the far western end of the island), book a picnic trip to one of our small islands across the lagoon, or take a scuba diving excursion to see our rich underwater world. If you have a few extra days, visit one of our other atolls, like Arno, Jaluit, Mili or Likiep, where small accommodation facilities are available.

CLIMATE: The tropical weather averages about 81 F (27 C) with little variation during the year. The waters in the lagoon are a comfortable 80F (26 C) year round. The region is known for mild winds and tropical showers. The normal conditions are dry with low rainfall. Trade winds cool the atolls much of the year and the calm water months fall between June and September. The seasons are typical of the tropics. The rainy season runs from September through November. The dry season begins in January and lasts for 3 months.

ACCOMMODATION: Throughout the Marshall Islands there are many choices for hotel or bed and breakfast accommodations. On Majuro you will discover a range of hotels with a variety of services and rooms. There are also many exciting opportunities to experience the outer islands and distant atolls and to meet the people of the Marshall Islands.

ENTRY REQUIREMENTS: United States and all its territories, Federated States of Micronesia, Republic of Palau, Pacific Islands Forum Countries including Australia and New Zealand are exempted from the requirements of entry visa.

AIRLINE: United Airlines and Nauru Airlines are the two main airlines servicing the Marshall Islands. United operates between Asia and Honolulu and provides a connection to the Marshall Islands in both directions. Nauru Airlines operates between Australia and the Marshall Islands and also connects with Nauru and Kiribati.
TRANSPORT: Share the taxis with the locals or rent a car. Minimum driving age is eighteen where all major roads are paved and traffic drives on the left.

Entry visa will be issued upon arrival to citizens of Canada, Japan, Korea, Republic of China (ROC) and Philippines and all European countries provided the duration of the intended visit is no more than thirty (30) days, the visitor have a roundtrip or a transit ticket and a passport valid for at least six months. Citizens of all countries not listed above must present a passport valid for at least six months with an entry visa, a roundtrip or transit ticket before boarding and traveling to the Republic of the Marshall Islands.

CURRENCY: U.S. Dollar with major credit cards are accepted.

LANGUAGE: Native Marshallese and English

TIME ZONE: The Marshall Islands are 12 hours ahead of Greenwich Mean Time (GMT).

CONTACT:
MARSHALL ISLANDS VISITORS AUTHORITY
P.O. Box 5
Majuro, Marshall Islands 96960
T (692) 625-6482/5581/5582
F (692) 625-6771
E tourism@ntamar.net
W www.visitmarshallislands.com
Nauru

Unique Nauru Extraordinary Nauru is a tiny island with a big history and even bigger hospitality. Nauru is located in the deep, blue Pacific Ocean waters north of the Solomon Islands. An uplifted coral formation, Nauru is just 21 kilometres square and lies some 40 kilometres south of the Equator.

One of the smallest nations on earth, with a mostly Micronesian population of around 10,000 people, Nauru offers travellers a truly unique Pacific Island visit. Discover excellent deep sea fishing, scuba dive amazing ocean depths, take a tour of the island’s past economic mainstay the phosphate mines or simply experience a holiday in a world far from your own.

**CLIMATE:** Nauru’s weather is tropical with temperatures ranging between 24.4 Celsius and 33.9 Celsius. Heat is kept temperate by cooling sea breezes. The tropical weather has a monsoonal pattern, with a rainy season from November to February. North-east trade winds blow from March to October and average humidity is 80%.

**ACCOMMODATION:** Holiday makers, vacationers, business or intrepid travellers, Nauru accommodates a variety of visitors in its two hotels: the Menen Hotel and OD-N- Aiwo Hotel.

**ENTRY REQUIREMENTS:** Visitors need to apply for a visa before their arrival, through one of the government’s overseas offices. Visas cost A$100. A A$50 departure tax applies to all visitors. Prices are current at time of writing this website.

**AIRLINES:** Nauru Airlines services the islands from Brisbane (Australia) to Nauru. Tarawa (Kiribati), Majuro (Marshalls Island) and Nadi (Fiji).
TRANSPORT: Rent a car or bicycle to drive around the island which less than an hour. One traffic light exists on the island and is used to stop traffic to let the planes cross to the terminal – this is a must see tourist attraction.

CURRENCY: Australian Dollar (AU$). Cash is the only form of payment as credit/debit cards are not accepted. ATM machines are available in some selected areas including the two hotels and main supermarkets.

LANGUAGE: Nauruan, but English is also widely spoken. Perhaps due to the isolation of the island of Nauru, the Nauruan language is said not to be similar to any other Polynesian island language.

TIME ZONE: Nauru is GMT/UTC +12

ELECTRICITY: Australian plugs and sockets are used.

CONTACT: MINISTRY OF HOME AFFAIRS
Directorate of Tourism
Menen Govt Office
Republic of Nauru
T: + (674) 5573142
E: tourism@naurugov.nr
W: www.discovernauru.com
New Caledonia

Bonjour! Some people have likened this sophisticated French Territory to the French Riviera transported to the South Pacific. With its Parisian designer boutiques, duty free shopping, fine dining and high concentration of Europeans, it does have a distinctly international feel. Grande Terre, the island on which the capital Nouméa is situated, is where everything happens. It covers a 400km long area from north to south and is 50km wide from west to east. Surrounded by a 1,600km long coral barrier reef, New Caledonia has the largest lagoon in the world (24,000km²).

Nouméa’s attractive restaurants cater to all tastes and budgets ranging from the traditional French to Moroccan, Italian, Chinese, Japanese and even Vietnamese fare. Nightlife is very active in the capital with two casinos and a host of private clubs. New Caledonia’s 231,000 inhabitants are spread across seven islands. The ‘Big Land’ as the main island is known dominates with the Loyalty Islands and Isle of Pines making up the balance of the group.
CLIMATE: New Caledonia has a tropical climate and the weather is spring-like year round. Average temperatures are between 15° and 32°C depending on the season.

ACCOMMODATION: A wide range of quality accommodation to suit all budget from luxury to backpackers hotels, motels and resorts.

AIRLINE: Qantas and Aircalin codeshare flights to New Caledonia from Australia. New Caledonia is located less than 3 hours of flight from Auckland and Sydney. Tontouta International Airport is located 45 minutes drive from Noumea.

ENTRY REQUIREMENTS: Valid passport (6 months from the date of return or after the date for French Citizen). A visa can be required and depends of your period of stay and your country of origin. EU Nationals do not need a visa for New Caledonia.

HEALTH: No vaccines are required to travel to New Caledonia.

CURRENCY: French pacific Franc with major credit cards accepted. The French Franc rate is now pegged to the Euro at a fixed equivalent parity.

TRANSPORT: international driving permits, rental cars, buses, taxis, ferries, plane, bike

LANGUAGE: The official language is French with 28 indigenous languages and 11 dialects recognized, but English is widely spoken in main tourist areas.

CONTACT:
SOUTH NOUMÉA (HEAD OFFICE)
Square Olry – Place des Cocotiers–14 rue Jean Jaures center-ville
T: +687 28 75 80
F: +687 28 75 85
113 Prom. R. Laroque – Anse Vata
T: +687 27 73 59
T: +687 28 93 60
PO Box 2828 – 98846
Noumea cedex
E: centre.village@office-tourisme.nc
W: www.en.visitnewcaledonia.com
Niue

Swim with whales and dolphins. Walk through virgin rainforest. Dive spectacular underwater cathedrals. Explore the most breathtaking caves in the South Pacific.

Gaze upon breaching whales. Snorkel over bright corals in warm tropical water. Game fish just metres from shore. Bike an array of tracks. Experience genuine culture. Niue will under promise and over deliver every time.

The world’s largest coral atoll is also one of the smallest self governing countries on Earth. The island’s most striking feature is its array of private lagoons and small beaches as well as its rugged and rocky terrain.

Steep cliffs along the coastline are honeycombed by caves, chasms and blowholes. Niue prides itself on a forest undisturbed for centuries.

It is a nature lover’s delight.
With a population of about 1600 on its 260 sq. km’s of land mass, Niue is clean, civilized and crime free - The way things should be.

**CLIMATE:** April to November is the long dry season, with temperature around 24 degrees Celsius. Niue has an average annual temperature of 25°Celsius and a medium humidity that peaks at 88%.

**ACCOMMODATION:** Motel, and Guesthouse, Budget, Superior, Resort Style and Self-Catering.

**AIRLINE:** Air New Zealand from Auckland to Niue. Air New Zealand services Niue with weekly flights from Auckland, New Zealand and twice weekly during Niue’s peak season.

**ENTRY REQUIREMENTS:** No visa required by bona fide tourists staying less than 30 days with valid passport, return or onward tickets and sufficient funds for length of stay.

**HEALTH:** 24 hour hospital. No vaccinations required; be careful with coral cuts and take antiseptic cream.

**CURRENCY:** NZ dollar (NZD) with major credit cards accepted.

**TRANSPORT:** Rental cars and vans, motorbikes, mountain bikes. Local driver’s license required.

**LANGUAGE:** The native Niuean language and English is widely spoken.

**CONTACT:**

NIUE TOURISM OFFICE
P.O. Box 42,
Alofi, Niue
T: (683) 4224
E: info@niueisland.com
W: www.niueisland.com
Papua New Guinea

Towerimg mountain peaks, lush, fertile valleys, golden beaches, sparkling coral islands and some of the best diving locations in the world. Papua New Guinea is a country of wild beauty, of breathtaking landscapes and of fascinating flora and fauna.

Papua New Guinea is a country rich in natural resources but its wealth of tradition, beauty and history is unparalleled in the Pacific. From the magnificent beaches to the cool highlands, the world above water is equally fascinating. Take a breath of fresh, crisp mountain air 4,500 meters up at the base of Mount Wilhelm, the country’s highest peak.

Thirty eight of the forty three known species of exotic Birds of Paradise are found in PNG together with countless butterflies and over 2,000 magnificent species of orchid. Beauty also lies in the people who still today, observe their delicate traditions and culture.

CLIMATE: Warm to hot and humid throughout the year. Rainy season differs in each province. Generally the dry months are May to November. Coastal temperatures are usually 25-30 degrees Celsius.

ACCOMMODATION: Accommodation in Papua New Guinea is available to suit every budget and need. Whether you backpacking or experience the adventures that are on offer.

We have something for you, whether you looking for a quiet and very secluded hideaway or a fun family atmosphere, whether you would like the cultural experience of a homestay or prefer the luxury wilderness lodges that are on offer on the tranquil rainforest vegetation.

AIRCINES: International: Air Niugini, Qantas and Virgin Australia Domestic: Air Niugini, Airlines of PNG, Travel Air
ENTRY REQUIREMENTS: Tourist visas are available upon arrival to citizens of the USA, United Kingdom, Australia, New Zealand and most European countries, provided onward air tickets are carried by the bona-fide tourists. Duration of stay in Papua New Guinea is a maximum of 60 days. All people wishing to travel to Papua New Guinea for work, business, study or tourism purposes must have an entry permit/Visa to enter PNG. Passports should be valid for at least 6 months from the date of intended travel.

HEALTH: Certification or vaccination against yellow fever or cholera is required for travellers over one year of age, coming from or through infected areas. Malaria is the only serious health risk in Papua New Guinea. Visitors are strongly advised to consult their local doctor or tropical disease clinic to commence anti-malarial preparations before arrival in PNG. As a precautionary measure, always have a mosquito repellent with you.

CURRENCY: Kina (PKG) is the currency of PNG with major credit cards accepted.

TRANSPORT: Rental cars, local boats, taxis. Light aircrafts and helicopters can also be chartered.

LANGUAGE: English and Tok-Pisin are mainly spoken.

CONTACT:
PAPUA NEW GUINEA TOURISM PROMOTION AUTHORITY
Level 5, Pacific MMI Building, Champion Parade, Port Moresby
PO Box 1291, Port Moresby, PNG
T: + (675) 320 0211
F: + (675) 320 0223
E: info@papuanewguinea.travel
W: www.papuanewguinea.travel
Samoa

Samoa is a postcard of natural beauty consisting of ten islands, each offering very distinct and different environments to explore - from the rainforest covered rugged volcanic mountain peaks of the two main islands to the vast valleys leading down to a coastline ringed with a necklace of white sandy beaches. Within these lush green fertile valleys grow banyan trees towering above the rainforest canopy, full of tropical blooms and numerous varieties of vegetation. Cascading waterfalls drop into rivers that cut jagged lines through the valley floor as they make their way to the ocean.

The coastline is a wonder in itself, with sparkling white sand beaches - in some places stretching for miles - and here and there are walls of sheer cliffs that drop straight into the Pacific. Amongst all this natural beauty are nu'u or villages with their churches, meeting houses and open fale or homes encircling the malae or village green. Samoa is home to a people proud of their Fa'a Samoa (The Samoan way) - a culture 3000 years in the making - a heritage as rich and colourful as Samoa’s natural wonders.

This is Samoa – where the people, culture and nature give life to the islands.
CLIMATE: Pleasantly warm throughout the year with an average temperature of 29°C. Conditions from May to November are cooled by the South-East trade winds.

ACCOMMODATION: A selection of hotels, motels, resorts and beach fale accommodation is available.

AIRLINES: Virgin Samoa, Air New Zealand, Fiji Airways, Polynesian Airlines, Inter Island Airways.

ENTRY REQUIREMENTS: Visitors to Samoa do not require an entry visa for stays of less than 60 days. Visitors must have an onward/return ticket and a passport valid for a minimum of six (6) months after the intended date of departure from Samoa.

HEALTH: Samoa is free from most tropical diseases including Malaria.

CURRENCY: The Tala (WST) is the currency of Samoa with major credit cards accepted.

TRANSPORT: Rental cars, taxis, ferries, and buses

LANGUAGE: Samoan & English

CONTACT:
SAMOA TOURISM AUTHORITY
Head Office
Ground Floor, FMFMII Building
PO Box 2272
Apia, Samoa
T: +685 63500
F: +685 20886
E: info@samoa.travel
W: www.samoa.travel
Here, in this archipelago of mountainous islands and low-lying coral atolls, you can experience the undiscovered delights of a primitive culture which has not allowed the advances of the outside world to overshadow it. Colourful costumes, age-old customs, rituals and taboos. They still endure in the Solomons.

Solomon Islands

Soaring mist inshrouded mountains preside above dense, abundant rainforest, waterfalls and rivers cascade to an intricate coastline. Here the villages and sun soaked golden beached fringed with coconut palms lie scattered around lazy lagoons. This is indeed a diver’s paradise and an eco-tourism destination that’s unspoiled, unhurried and totally unforgettable.

The setting for some of World War II’s most fierce and bloody battles is today home to one of the most natural and peaceful races in the South Pacific.
The second largest island chain in the region, the population of the Solomons Islands of approximately 400,000 is spread across an area of 28,530 km².

**CURRENCY:** Solomon Island Dollar (SBD) with major credit cards accepted.

**LANGUAGE:** Local dialects, Pidgin and English.

**CLIMATE:** Dry in late May to early December and averages about 29 degrees Celsius throughout the year.

**ACCOMODATION:** Ranges from standard hotels to budget guest houses and Eco-lodges

**AIRCINES:** Solomon Airlines provide flights between Australia, Vanuatu and Honiara as well as to destinations throughout the Solomon Islands. Together with interline partners, on offer are a range of other international destinations including destinations in Europe, Asia and North America. There are two weekly flights from Nadi, Fiji to Honiara, Solomons Islands.

**ENTRY REQUIREMENTS:** Valid Passport and other valid travel documents, onward tickets, and valid visas to enter other countries (where required) from Solomons Islands.

**HEALTH REGULATIONS:** Malaria medication is recommended.

**TRANSPORT:** Taxis, public buses, rental cars, inter-island ferries.

**CONTACT:**

**SOLOMON ISLANDS VISITORS BUREAU**

P.O. Box 321, Medana Avenue,
Honiara, Solomon Islands

T: (677) 22 442
F: (677) 23 986
E: info@sivb.com.sb,
W: www.visitsolomons.com.sb
Tonga

Journey back in time to experience the Kingdom of Tonga’s authentic and compelling mix of centuries-old culture, history and traditions. Understand why Tonga’s relaxing combination of uncrowded, unhurried and undiscovered is the “True South Pacific”. Experience a monarchy unique in the South Pacific, and a generous and genuine welcome from the people of the nation dubbed the ‘Friendly Isles.’

The main island of Tongatapu is home to the royal family and to the Tongan capital of Nuku’alofa. Part of the Tongatapu Group, rugged ‘Eua lies 40km off the coast of Nuku’alofa.

The island is an ideal destination for those in search of adventure and who enjoys being in touch with nature. The Ha’apai Group to the north is a wonderful eco-tourism destination and a paradise for divers and snorkellers with its prolific wildlife and pristine natural beaches. The northern most group of islands, the Vava’u Group, is a haven for yachties and one of the world’s great sailing centres with its sheltered anchorages. From July to October, you can see and swim with the magnificent humpback whales that come to mate and calve in the warm waters of Tonga. It is said to be a water lover’s paradise.
There's no better way to immerse yourself in Tonga's compelling mix of spectacular landscapes, pristine rainforests and azure waters than by taking full advantage of the Kingdom's energetic list of activities.

**CLIMATE:** From December to April, the weather is hot and humid, with considerable rainfall. From May to November, the weather is cool, dry and pleasant with an average temperature of up to 22 degrees Celsius. Trade winds make for pleasant days and cool nights.

**ACCOMMODATION:** A range of 4 star hotels, budget and island boutique resorts.

**AIRLINES:** Air New Zealand, Fiji Airways and Virgin Australia
Domestic: Real Tonga

**ENTRY REQUIREMENTS:** Bona-fide tourists and business persons from most countries, including New Zealand, United States, United Kingdom and Australia may enter Tonga for a period not exceeding 31 days without a visa.

**HEALTH:** A valid yellow fever certificate and a valid cholera certificate are required by all travellers over one year old who have been in an infected area prior to arrival in Tonga.

**CURRENCY:** The Tongan Pa’anga (TOP$) with major credit cards accepted.

**TRANSPORT:** Buses, vans, taxis, ferries, bicycles, scooters & rental cars.

**LANGUAGES:** Tongan and English

**CONTACT:**
MINISTRY OF TOURISM
PO Box 37, Nuku’alofa,
KINGDOM OF TONGA
T: +676 27636 or 25334
E: info@tourism-tonga.com
W: www.tongaholiday.com
Yet it is this smallness and isolation which is part of its attraction. Its nine atolls on which the Tuvaluans, direct descendants of the ancient Polynesians live, provide the kind of solace a person is looking for somewhere to really escape the pressures of the outside world is seeking.

Tuvalu

Talofa! If all you want is to disappear, relax under a palm tree and not be bothered by anyone with fewer than 1000 tourists a year, Tuvalu is the place to be.

Tuvalu is one of the world’s smallest (total land area of just 26 km2 and a population of just 8,000) and most isolated island nations. This unspoilt corner of the Pacific offers a peaceful, and non-commercialised environment that is ideal for rest and relaxation.
You will discover a distinctive social Polynesian culture of atoll island people who vigorously maintain their unique social organisation, art, crafts, architecture, music, dance and legends.

The spectacular marine environment consisting of a vast expanse of ocean interspersed with atolls, magnificent lagoons, coral reefs and small islands all provide a unique South Seas ambience.

**CLIMATE:** Tropical and hot temperature ranges 28-31 degrees, wet season in November to April. May to October, light winds, South East trade winds.

**ACCOMMODATION:** Comfortable hotel and guesthouses.

**AIRLINES:** Fiji Airways operates twice a week from Suva to Funafuti on Tuesdays and Thursdays.

**ENTRY REQUIREMENTS:** Visitors can stay up to 30 days but is required to have a valid passport and onward tickets.

**HEALTH:** Tuvalu is free from most tropical diseases including Malaria.

**CURRENCY:** The Australian dollar (AUD) is the currency of Tuvalu. Please be advised that credit cards are not accepted in Tuvalu.

**TRANSPORT:** Minibus, taxis, and motorcycle.

**LANGUAGE:** Native Tuvaluan and English

**CONTACT:**

MINISTRY OF FOREIGN AFFAIRS, TRADE, TOURISM, ENVIRONMENT AND LABOUR

Private Mail Bag, Vaiaku, Funafuti, Tuvalu

T: (688) 20 840 or 20 117

E: senilata91@gmail.com

W: www.timelesstuvalu.com
Vanuatu

Discover What Matters

Vanuatu is like stepping back to another place and another time. A time when water was pure, and food was from the village. The smiles are warm and genuine. As soon as you arrive you’ll forget the world you left behind and experience a place that is unforgettable.

Across the 83 islands in the archipelago, the Ni-Vanuatu speak approximately 210 different dialects. Words like “schedule” are not common but “welcome”, “dance” and “relax” are easily translated. It’s probably why we have been selected the happiest country on earth twice.

Smiles aren’t the only thing you’ll see in Vanuatu. There’s a playground of rainforests, volcanoes, pristine beaches, coral seas, fresh food, adventure and relaxation. Every island is different, but smiles can be found everywhere.
Discover what matters to you!

Vanuatu boast 83 islands – too many to mention. No matter where you go there are incredible experiences to suit every budget and interest and the refreshingly unaffected environment and people of Vanuatu will create an unforgettable holiday.

**CLIMATE:** Tropical and warm year round (cool and dry season: May - hot and humid season: December-April)

**ACCOMMODATION:** From unique luxurious island resort retreat to island - style backpacker’s accommodation.

**AIRLINES:** Air Vanuatu, Aircalin, Qantas, Air New Zealand, Virgin Australia and Solomon Airlines fly directly to Port Vila from Brisbane, Sydney, Melbourne, Auckland and Noumea.

Fiji Airways offers return flights in and out of Port Vila via Fiji onward to Australia, and New Zealand, Tonga, Tahiti, Honiara, USA and Canada

**ENTRY REQUIREMENTS:** A valid passport (+6 month validity) and onward tickets is needed.

**CURRENCY:** The Vatu (VUV) is the currency of Vanuatu with major credit cards accepted.

**TRANSPORT:** Transfer operators, buses, taxis, car and scooter rentals, bicycles and ferries

**LANGUAGE:** Bislama, French and English are mainly spoken.

**CONTACT:**

**VANUATU TOURISM OFFICE**

PO Box 209,
Port Vila, Vanuatu

T: (678) 22685
F: (678) 23889
E: tourism@vanuatu.travel
W: www.vanuatu.travel